



Kash

Game country of origin: Iran



"This is a game played in many rural areas in Iran. It is played in many countries."

"When we were children we used to play this game with my family and friends."

It is a very old game and has many different versions with different sequences of jumps.

All you need is elastic, it can be set up indoor or outdoor, with just a couple of friends or with larger groups".

Contributed by: Fatemeh

Age Group Suitable for: 7+

Number of players: 3+

Indoor or outdoor

Equipment: Elastic at least 3 metres long, two end tied together to form a big loop.

Instructions

1. Two children put their feet inside the elastic loop and stretch it out while facing each other. They need to stand far apart enough so that there is room for the third child to jump in between them.
2. At the beginning of the game they hold the elastic around their ankles. The third child faces one of the elastic holders and performs a series of jumps that have been agreed by the players.
3. If the child does the jumps correctly, then the elastic is raised up to the calf level of the holders and the jumper starts again. The level goes up every time the jumper completes the jumps correctly. Usually the elastic doesn't go higher than thigh level.
4. When the jumper makes a mistake he/she becomes an elastic holder and another child begins their turn with the elastic at ankle height.